

## Teambuilding and DiSC



*A group is a bunch of people in an elevator. A team is also a bunch of people in an elevator, but the elevator is broken!*

Bonnie Edelstein

### **About DiSC®**

Mary Tomlinson is authorized to administer and facilitate the Inscape DiSC® assessment as an independent Authorized Distributor of Inscape Publishing.

### **What is DiSC®?**

DiSC® is a simple assessment instrument that examines an individual's behavioral styles and preferences along four dimensions. DiSC® is an acronym for:

- Dominance
- Influence
- Steadiness
- Conscientiousness

Inscape pioneered the original DiSC® learning instrument over three decades ago. More than 45 million people have used Inscape products to explore building stronger relationships.

DiSC® is used worldwide in dozens of training and coaching applications, including organizational development and performance improvement.

DiSC® is designed to complement and supplement existing training programs. It can help improve communication, ease frustration and conflict, and develop effective managers and teams.

### **Some of the ways Mary Tomlinson uses DiSC®:**

- **Personal Coaching** – to discover your individual style
- **Executive Coaching** – to reveal your style and how you lead
- **Team-Building** – to help groups understand team dynamics
- **Customer Service** – to learn to read other styles to improve communication

2

**Previous clients have said:**

I just want to say thank you so much for a wonderful class on understanding each other. The staff truly enjoyed and came back with a better understanding of each others' personalities. We will be having an office meeting on Friday to have 3 of our employees explain their style. I will let you know the outcome. Thank you.

*Cynthia M. Startz, C.P.M., Assistant Manager Records Management, Orange County Clerk of Courts*

Mary, we definitely got what we needed functionally from this team yesterday, but most importantly, we are breaking down the barriers that have existed between businesses for years... Thank you for helping to make this happen!! We'll be doing more of this kind of work going forward, and you'll be first on our list.

*Deanne Gabel, Sr. VP Owner Satisfaction, Fairfield Resorts*